

Yummy Baked Tofu Fries

Description

These tofu fries are soft, crispy, and totally addictive. You will enjoy every bite.

Prep time: Thirty minutes

Cook time: Forty minutes

Total time: One hour ten minutes

Servings: 4

Ingredients

15.5 ounces of extra firm tofu, drained and pressed

2 tablespoons of olive oil

1/2 teaspoon of basil

1/2 teaspoon of oregano

1/4 teaspoon of paprika

1/4 teaspoon of cayenne pepper

1/4 teaspoon of onion powder

1/4 teaspoon of garlic powder
Pepper
and salt to taste

Instructions

1. First, preheat the oven to about 375 degrees F, then cut the tofu into large strips.
2. Coat the tofu strips with marinade, then transfer to a baking sheet lined with parchment paper.
3. Transfer to the oven and bake for about twenty minutes. Flip the tofu and bake until crispy, about twenty minutes.