

Sweet Low Carb Pickles

Description

A delicious condiment to any salad or sauce

Prep time: Ten minutes

Total time: One hour thirty minutes

Servings: One jar

Ingredients

1 cup of apple cider vinegar or white wine vinegar (8 Fl oz)

2 tablespoons of fresh lime juice (30 ml)

1 tablespoon of sea salt

1 cucumber (10.6 oz)

1 red chile pepper, sliced

5-6 sprigs of fresh fennel fronds or dill

Instructions

- 1. Prepare the pickle juice by combining the lime juice and vinegar in a saucepan. Place over medium heat until it boils. Then add in the salt and stir properly to combine. Set aside to cool.
- 2. Next, slice the cucumber using a food processor and transfer into a jar with a lid. Add in the dill and chilies. Add in the pickle juice and seal with the lid. Chill in the refrigerator for about one hour.
- 3. Can be stored in the refrigerator for about two weeks.