

Homemade Keto Coconut Butter

Description

I love eating this amazing coconut butter.

Prep/total time: Ten minutes

Servings: One and half cup

Ingredients

4 cups of unsweetened shredded coconut or 5 cups of flaked coconut (10.6 oz)

1/4 teaspoon of salt

Optionally: 1/2 teaspoon of vanilla powder or cinnamon

Instructions

1. Pour the coconut in a food processor and process until it has the desired butter consistency, about eight minutes. Add in the salt and pulse to combine.
2. Store in a container at room temperature for one month.