



Healthy Low-Carb Marzipan

Description

This is a healthy low carb meal that will leave you wanting for more.

Prep/total time: Five minutes

Servings: 15

Ingredients

1. 2 cups of blanched almond flour (7 oz)
2. 1 cup of confectioners Swerve or Erythritol (5.6 oz)
3. 1 teaspoon of sugar-free almond extract or vanilla extract
4. 1/4 cup of water (2 FL oz)

Instructions

1. Combine the swerve and almond flour in a mixing bowl. Then add in the water and almond extract and knead the mixture to form a ball of dough.
2. Roll the dough into a log shape and store in the refrigerator.