

## Delicious Mocha Chia Breakfast Bowl

### Description

*This is so delicious that I wanted another bowl.*

**Prep time:** Five minutes

**Total time:** Thirty minutes

**Servings:** 3

### Ingredients

- 1/2 cup of coconut milk (4 Fl oz)
- 1/2 cups of water or unsweetened almond milk (4 Fl oz)
- 1 heaped tablespoons of coconut butter or almond butter (1.1 oz)
- 1/2 teaspoon of vanilla or cinnamon powder
- 1 tablespoon of cacao powder or Dutch process cocoa powder (0.2 oz)
- 4 tablespoons of whole chia seeds (1.1 oz)
- 3/4 cup of 5 Ingredient Keto Chocolate Cereal (3 oz), 1/4 cup 1/2 cup of strong brewed coffee (4 Fl oz)

### Instructions

1. First, prepare the chocolate cereal. A full batch will make 20 chia breakfast bowls.
2. Pour the almond milk, coconut milk, almond butter, coffee, cacao powder, and cinnamon into blender. Blend until frothy and smooth.
3. Pour the mixture into a bowl and add in the chia seeds. Stir the mixture and set aside for about thirty minutes. Share the mixture into three bowls.
4. Top the pudding with the keto cereal and other preferred toppings. Serve.