

Amazing Chocolate Almond Pudding

Description

This amazing pudding is creamy and healthy.

Prep/total time: Five minutes

Servings: 3

Ingredients

- 1 1/2 cups of almond milk
- 1/2 cup of coconut cream
- 3 tablespoons of granulated stevia/erythritol blends
- 1 avocado, peeled and pitted
- 3 tablespoons of unsweetened cocoa powder
- 1 teaspoon of vanilla extract
- 1 teaspoon almond extract

For Garnish

- 1 Handful unsweetened coconut flakes, if desired
- 1 Handful sliced almonds, if desired

Instructions

1. Pour all ingredients into a blender and process until smooth. Pour into cups, cover, and chill for about five hours or overnight.
2. Then garnish with sliced almonds and unsweetened coconut flakes if using. Serve.