

Keto Cold Noodle Salad

Description

This salad is vegan, low carb and is quite easy to prepare.

Prep/total time: Five minutes

Servings: 2

Ingredients

1/4 cup of unsweetened peanut butter
1/4 cup of water
1 tablespoon of glow-sodium tamari
1 clove of crushed garlic
1 teaspoon of grated fresh ginger
Zucchini noodles from about 2 medium-sized zucchinis

Optional garnish

Some chopped peanuts
Some red pepper flakes
Handful of scallions

Instructions

1. Combine the water, peanut butter, tamari, ginger, and garlic in a bowl.
2. Combine the noodles and sauce until well mixed.
3. Garnish and serve.